

### Outcomes for this session



- State the reasons for good organisation in mentoring and coaching
- Identify areas where organisation needs to be demonstrated
- Share ideas of aspects of organisation used
- Produce an action plan for development of personal organisation

#### Exercise



#### The Mentor or Mentee from HELL!!

- What attitudes would they show?
- What behaviours would they exhibit?
- What would they not do?
- What kind of things would they say?
- What kind of things would they not say?

'Techniques for Coaching and Mentoring' by Megginson and Clutterbuck 2007

# Key Qualities of a Mentor/Coach

What would you see as being the key qualities that a mentor or coach would need to be effective?

## To be or not to be...Organised?



 Why do you think it is important for the Mentor/Coach to be organised?

 What areas do we need to consider when talking about organisation?

## Three important areas...



 Assigning priorities - or become overwhlemed

- Planning skills to set the agenda of what you want to achieve
- Time management, timetabling and working to deadlines - how you are going to do it

## Areas of Organisation



- Diary planning
- Expectations
- Time management
- Note taking
- Record keeping
- Questions
- Confidentiality
- Prayer requests and praying for mentee

# Areas of Organisation for the Mentee

What areas of organisational skills might you have to help the mentee with?

## Top Tips in Organisation



What tips have you learnt in your organisational skills?

How might these skills help the mentee?

#### Action Plan



Write an action plan of 3-4 areas that you need to improve on in your organisational skills.

#### This should include:

- What you want to do
- · What it will look like when you have done it
- When you want to do it by
- Who you will make yourself accountable to for completing the actions